

Activities for 24-36 Months

Get scrap paper, junk mail, old cards, etc. and help your child practice cutting or tearing the paper.



Grab Bag! Gather familiar items from around the house and drop in a paper bag. Have your child reach in the bag and name the item. If they are not able to name it, you say the name and have them repeat it.



Freeze Dance! Play music and dance, dance, dance! When the music stops –FREEZE!— (This is more practice for learning to wait.)



Jumping – cut out shapes and put them around the room. Have your child practice jumping with two feet off the floor from shape to shape.



Collect some pots, pans, spoons, paper plates, and cups and pretend to cook dinner together.

